

ADV/PRO COMPANY SCHEDULE - 2023-2024

Classes start the week of Sept 11

Company Auditions:

Bonnyville: Tues, Sept 5 - 4:45-6:00 Jr & Inter//6:00-8:30 Adv & Pro

Lloyd: Wed, Sept 6 - 4:45-6:00 Jr & Inter//6:00-8:30 Adv & Pro

LLOYD

MONDAY - LL

4:00-4:15 stretch
4:15-5:00 ballet tech
5:00-5:30 pre-pointe/pointe
5:30-6:00 jazz tech
6:00-6:10 break
6:10-6:50 jazz choreo
6:50-7:30 contemp choreo
7:30-8:10 hip-hop choreo
8:10-8:40 solo class (for 1-2 solos)
8:40-9:10 extended solo class/duo trio class (for 3+ solos or duo trios)
9:10-9:40 company ballroom

WEDNESDAY - LL

4:00-4:30 deep stretch
4:30-5:15 ballet tech
5:15-5:30 pre-pointe/pointe
5:30-6:00 jazz tech
6:00-6:10 break
6:10-6:30 improv/combos
6:30-6:50 tap tech
6:50-7:30 tap choreo
7:30-8:00 solo class for 1-2 solos
8:00-9:00 extended solo class/duo trio class (for 3+ solos or duo trios)

BONNYVILLE

TUESDAY - BV

3:30-4:00 inter company tech/choreo review
4:00-4:15 stretch
4:15-5:00 ballet tech
5:00-5:30 pre-pointe/pointe
5:30-6:00 jazz tech
6:00-6:10 break
6:10-6:50 jazz choreo
6:50-7:30 tap choreo
7:30-8:10 hip-hop choreo
8:10-8:40 solo class (for 1-2 solos)
8:40-9:10 extended solo class/duo trio class (for 3+ solos or duo trios)

THURSDAY - BV

3:30-4:00 inter company tech/choreo review
4:00-4:30 deep stretch
4:30-5:15 ballet tech
5:15-5:30 pre-pointe/pointe
5:30-6:00 jazz tech
6:00-6:10 break
6:10-6:30 improv/combos
6:30-6:50 tap tech
6:50-7:30 contemp choreo
7:30-8:00 solo class for 1-2 solos
8:00-9:00 extended solo class/duo trio class (for 3+ solos or duo trios)
9:00-9:40 adult class

CONTRACT CLASSES - LLOYD & BONNYVILLE

FRIDAY week 1 - Lloyd

4:00-6:00 - UNITED BALLET COMPANY

6:00-6:10 - DINNER BREAK

6:10-7:10 - SPOTLIGHT BROADWAY COMPANY/PRODUCTION - variety number, production number

7:10-7:40 - FDC SPORT - flashmobs, heels choreo

7:40-8:25 - COMPANY apprentice program

FRIDAY week 2 - Bonnyville

3:40-4:40 - UNITED BALLET COMPANY - 1ST HOUR

4:40-5:40 - SPOTLIGHT BROADWAY COMPANY/PRODUCTION - variety number, production number

5:40-5:50 - DINNER BREAK

5:50-6:50 - UNITED BALLET COMPANY - 2ND HOUR

6:50-7:20 - FDC SPORT - flashmobs, heels choreo

7:20-8:05 - COMPANY apprentice program

8:05-8:45 - inter company choreo

TECH UPGRADE

* tech intensive for those wishing to add to their tech hours & compete in Adv/Acc Adv categories

* we will start with one Sunday every 3 weeks, dodging holidays

* can only be taken if dancer is in tech classes during the week

SUNDAY - Bonnyville

11:15-12:00 COMPANY apprentice program

11:45-12:30 deep stretch/conditioning

12:30-1:20 ballet tech - pointe

1:25-2:15 jazz tech

2:15-2:45 combos/improv/jazz heels training

SUNDAY - Lloyd

4:45-5:30 deep stretch/conditioning

5:30-6:20 ballet tech - pointe

6:25-7:15 jazz tech

7:15-7:45 combos/improv/jazz heels training

7:45-8:30 COMPANY apprentice program

NOTE:

* all grade Adv/Pro dancers are welcome to attend each other's programs is Lloyd or Bonnyville anytime during the year for no extra fee

* Grade 7 is Advanced - Grade 8 is Pro

* Schedule is subject to change
