

# COLD LAKE SCHEDULE - 2024-25

Schedule subject to change based on enrolment

Classes start the week of Sept 9, 2024

Location: 5404-57 ave (right beside Wilmie's You restaurant)

## MONDAY

4:30-5:00 3-5 YRS TINY TOTS  
5:00-5:45 JR PERFORMANCE  
5:45-6:00 PERFORMANCE TAP  
6:00-6:30 PERFORMANCE MUSICAL THEATRE  
6:30-7:30 SENIOR PERFORMANCE

4:30-5:10 JR COMPANY CHOREO  
5:10-5:50 COMPANY STRETCH / JAZZ TECH  
5:50-6:30 COMPANY HIP-HOP CHOREO  
6:30-7:10 INT COMPANY JAZZ CHOREO  
7:10-7:50 COMPANY SMALL GROUP TAP / SOLOS

## TUESDAY

4:30-5:15 5-8 YRS JAZZ/BALLET/HIP-HOP COMBO  
5:15-5:45 3-5 YRS TINY TOT ACRO  
5:45-6:30 6-8 YRS ACRO  
6:30-7:15 PRE-TEEN/TEEN BALLET  
7:15-8:00 ADULT COMBO

4:30-5:15 5-8 YRS JAZZ/BALLET/TAP COMBO  
5:15-6:00 5-8 YRS BALLET  
6:00-6:45 PRE-TEEN/TEEN HIP-HOP  
6:45-7:30 PRE-TEEN/TEEN CONTEMPORARY  
7:30-8:15 PRE-TEEN/TEEN JAZZ / ACRO  
8:15-9:00 ADULT TAP

## WEDNESDAY

4:30-5:00 3-5 YRS TINY TOT ACRO  
5:00-5:45 5-8 YRS BALLET/JAZZ/HIP-HOP COMBO  
5:45-6:30 8-12 YRS JAZZ/BALLET/HIP-HOP COMBO

4:30-5:10 JR COMPANY CHOREO  
5:10-5:50 COMPANY STRETCH / BALLET TECH  
5:50-6:30 COMPANY VARIETY CHOREO  
6:30-7:10 INT COMPANY CONTEMP/MODERN CHOREO  
7:10-8:10 INT COMPANY SOLOS/SMALLS

## THURSDAY

INTRO TO HIGHLAND - time tbd

## FRIDAY

UNITED BALLET COMPANY - APPRENTICE PROGRAM - times tbd  
TWICE A MONTH - PERFORMANCE LEVEL STRETCH / CHOREO REVIEW - times tbd