

R.U. EVOLUTION

R.U. Evolution is a multimedia presentation featuring dance, acting and singing, showing students how the arts can bring a diverse array of messages to an audience! We also have a scholarship program that offers training to students at each school or group to join us in our next show!

Each presentation will be tailor made to fit each audience by the school's staff or youth group's leader selecting the amount of time (between 20 minutes to an hour) as well as the content for each show. From upbeat comedy pieces to meaningful choreographies that speak to the state of affairs of today's society, to monologues that present personal issues affecting all ages, each school can pick from our menu of dance choreographies, monologues and lyric pieces. As well, each school will be invited to contribute a piece or showcase of art work, drama clip, vocal piece etc. speaking to today's issues to be included in the show! We also offer a workshop after the presentation, teaching dance, acting or singing based on what the school or group wishes! Performers in the presentation will chat at the end of the show with the audience and speak a bit about each number and the meaning behind it.

R.U. EVOLUTION is performed by talented and hard working dancers, actors and singers - ages 8+ who all are passionate about their art form and train between 7-15 hours per week. R.U. EVOLUTION is directed & choreographed by Sarah C. R. Makins ARAD AISTD - Owner/ Director of Fame Dance Studios and was inspired by one of her students, who healed herself from anxiety by learning and performing a meaningful choreography to express her daily battle with high levels of anxiety through the art of dance. Audiences were very moved by her presentation and healthy and healing dialogue came forth from her performance. R.U. EVOLUTION is produced by Holly Kooger who is motivated to inspire and empower others in their journey to create positive change, not only for themselves but all those around them. She is on faculty with Fame Dance Studios and also has three brilliant daughters, two of which are R.U. EVOLUTION company members.

Please read through our menu of selections below. Once you have selected your content and length of presentation, please contact us at the number listed below to arrange a booking! There is a donation request from the school or group just to offset the group's costs. Any amount is gratefully accepted and is given back to the performers to help with their dance expenses. Minimal space is required for our performance.

Content in our menu is suitable for grades 1-12 and a brief outline of each piece is listed below.

A video of all pieces is also available on request.

Looking forward to bringing R.U. EVOLUTION to your school or youth group function!

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PERFORMANCE MENU:

This Is America

a fun, action packed, high energy production style hip-hop number protesting gun violence and showing an urgent need for oneness in order to continue to evolve!

Sacrifice

a spooky yet elegant ballet number based on a vampiric theme. a damsel is captured by vampires but frees herself in the end.

Under The Sun

a bold, egyptian themed ballet number showing a duel between the pharaoh and the body guard of a mysterious princess with an uplifting surprise ending.

Too Much Sorrow

a quartet of our youngest company members showing what it's like to live through a school shooting scene and how support, love and compassion are key.

Time!

a super intense production style piece showing how humanity is enslaved by it's focus on technology and how in the end, kindness and humanity win.

What Is The Purpose

an endearing contemporary piece performed by our youngest company members speaking about our true purpose on this planet and how much of an impact we have on each other. we must love each other, share in each other's issues and remember why we are truly here.

Agnes Deyn

a production style, ultra hip, fashion based jazz number full of high intensity jazz technique and style!

Break Out!

our youngest company members performing a fast paced, high energy hip-hop number full of b-girl moves, flips and tutting!

Jackson

a spectacular production size tap number featuring a mix of Michael Jackson's most catchy and danceable tracks!

2050

a captivating modern piece showing what the future will look like if we don't become more environmentally conscious, quickly!

Surrender

a little girl is chased by her worst fears. how does she overcome them all? she surrenders to them and thereby, heals them and herself. this piece teaches that the only way to overcome fear, is to bring each fear straight to you and go through them - not shy away from them.

Unite!

an intense contemporary piece performed by our middle oldest company members pushing us to unite as a planet in our communities and fight for freedom!

I Will Always Love You

a hilarious dance showing a beautiful young lady addicted to junk foods and how her beloved snacks whip her into health and make her look even more beautiful because of her new healthy choices :)

Princess Party

a lovely ballet trio performed by our youngest company members showing princesses at a fun-filled yet comical birthday party with a surprise gift brought to the event!

Teletubbies

a super fun, laugh out loud piece showing teletubbies going through their day and then showing off their dancing talents in a large variety of unexpected dance styles.

StereoTAPical

a super fun tap number showing how a nerd, a jock, a cheerleader and a goth can break through cliques and stereotypes and have a blast together!

A Day At The Palace

a beautiful, yet comical ballet story performed by our youngest and oldest company members based on 4 princesses eagerly awaiting a prince to come and visit and then demand quite a bit of time each from him!

Dynamixx!

an upbeat intense jazz quartet full of tricks and turns performed by our youngest company members!

Get up!

a trio of very talented little ladies performing their jazz trio full of splits, jumps and acro movements!

I Have Worth

an intense and endearing contemporary solo performed by Faith reminding us all how important we each are, even when we have been told otherwise. showing proof to those that have lost hope in themselves why we are each of incredible value no matter what our thoughts tell us.

Barbie

a moving solo performed by Sydney who has a condition known as alopecia and speaks of the incredible pressure to look a certain way in today's society.

It's Time

milana performs a moving contemporary solo, describing a young lady's consideration of ending her life and why no matter how bad things may seem, that there are other ways to solve problems that seem overwhelming. the piece also reminds us that there are always people around us that we can reach out to for help.

Minions!

A super fun comedic tap number with all performers in inflatable minion costumes!! If flooring doesn't permit, piece can be performed in running shoes.

Conversion

A fast paced modern dance number showing how other people around us can change who we are in each moment but that love overcomes all intentions.

Where did we go wrong

A contemporary dance piece depicting the struggle we all have reading the news of today and how disturbing headlines can be

Refugees

A contemporary piece depicting the plight of refugees and the struggle they go through from day to day

Unplug

A modern dance piece showing how we can all be so focused on our tech devices and the transformation that is needed to bring us back to nature

Colton - a modern piece describing the frustrations of judgements and condemnation by others and showing that one should never listen to the negative words of other people and instead, own one's perfection.

Brodee - a contemporary solo speaking of self criticism, perfectionistic qualities and self-doubt and how to get past these feelings and conquer them

Sam - a contemporary solo asking about the nature of reality and how our mood and emotions changes our day

Mia - a contemporary solo speaking about bullying and the internal hardship one goes through when under constant criticism and judgement

Kylie - a contemporary piece speaking about school shootings

Angel - a contemporary solo speaking of girls addiction to make up - never wanting to go out in public without a "mask"

Faith - a modern solo portraying addiction and substance abuse and what emotions come to light under the spell of addictive substances

Katie - a lyrical solo with a spiritual message of hope, prayer and faith